No statements within this catalogue have been approved by the FDA. Organic Unity products are not designed to diagnose, treat, cure or prevent any disease.
Plants.

Each one a perfect embodiment of the Elements, deeply rooted into the Earth and expanding vastly flowering into the Sky, uniting the Above and Below within the great interwoven web of existence. From the fluid matrix of their pharmacological constituents to the subtleties and wisdom of their spirits, the plants bring transformational healing into our bodies, hearts, minds and spirits, helping us to remember our True Essential Nature. Through reconnecting us to the heart of nature, each plant initiates us into higher levels of vitality and understanding, through purifying our past conditioning, and opening our awareness to new ways of being that are in deeper harmony with nature within and without.

At Organic Unity, our sole intention is to bridge the hearts of people and plants in a way that not only heals, but transforms the body, heart, mind and spirit. We believe that through the power and wisdom of medicinal plants, we have the ability to remember the truth of who we our and return to our own true nature within, by reconnecting to nature without. As each plant reflects a part of our own nature, they reassemble the soul, harmonize the constitution, and bring greater levels of health, vitality, and understanding. We are thus harmonized to the patterns and forces of nature, who begin to teach us of the nature of existence.

Ancient traditions from around the world have studied these patterns of nature for thousands of years and developed methods of preparation and administration of plants in order to bring out their unique and particular healing qualities. The merging of these traditions lends us a universal perspective on how plants can be utilized to heal and spiritually evolve. From Astrology to Ayurveda, Western Herbalism to Alchemy, we draw upon a vast reservoir of ancient wisdom in order to create the highest quality Spagyric extracts that are aligned with the rhythm and patterns of the seasons and stars.

Through the delicate Spagyric processes, our extracts awaken our inner forests of flowering, tending to our inner Elements, activating our inner Planets, and instructing our hearts and minds on how live life in alignment with the truth that rests within the Center.

We have 4 different product lines: Spagyric Tinctures and Essences, and our two formula lines- Synergy and Symmetry- providing a comprehensive Spagyrica Medica and Formulary to support individuals at various stages on the path towards greater health, vitality, and consciousness.
Our Process:
The Spagyric Difference

We are proud to carry on the ancient lineage of Western and Eastern Alchemical traditions through our work with plants. Known as the Science of Life, the Royal Art, or the Great Work, Alchemy is the most ancient science, spiritual tradition, and system of medicine in the world. The merging of Alchemical and Hermetic philosophy with various Eastern and Western traditions of herbal medicine provides a universal framework for the use of medicinal plants not only for physical healing and rejuvenation, but also for transformation and evolution of the spirit.

We strive to provide the highest quality spagyric herbal extracts for the healing of the physical, mental, emotional and spiritual levels of being. Each extract we create is done by hand in small batches, from ethically wildcrafted or certified organic herbs and certified organic grain-free alcohol. Each herb is extracted in its own custom menstruum of alcohol and water that is tailored to suit the unique constituent profile of that particular herb. This ensures the most broad spectrum of that plants’ biochemical individuality, providing peak physiological activity. Through the observation of the Stars and the Elements, our spagyrics are created in harmony with the patterns and rhythms of creation.

One of the differentiating characteristics of a spagyric extract is the presence of the purified, crystalline, water soluble mineral salts. These salts are the purified body of the plant, which act as the carriers for the other subtle and volatile components. The salts anchor the plant back into its physical vehicle through which its intelligence works through, thus driving it deeper into our body, soul and spirit. Standard extraction processes throw these precious mineral salts away, and thus the body of the plant is not present.

It is important to note that we never add the ash of a plant into our spagyrics, our salts are always purified, washed, and crystallized- guaranteeing only highly absorbable, bioavailable, water soluble minerals. The presence of these salts effectively reduces the necessary dose, and increases the general bioavailability and efficacy of each individual plant. In this way, all of our extracts are embodied, and thus work more readily within our own bodies. Through the proper astrological timing of the purification process, the more subtle components of the plants work within the realm of the astral body, cleansing and re-patterning our energetic architecture back into its natural constitutional balance.
Our Products

We offer 4 lines of Spagyric products. At the most basic level are the Spagyric Tinctures, which are single plant extracts in a menstruum of alcohol and water, with the additional benefits of the crystalline mineral salts. We always strive to use fresh and local plants whenever possible. Our rigorous extraction process, custom blended menstruums, and concentration techniques gets you the broadest spectrum of action within each plant in lower doses. These are highly efficient and effective, a step beyond a standard herbal tincture.

Spagyric Symmetry is a line of formulas that have been compounded from Spagyric Tinctures, which focus on the physical organs, systems and tissues of the body. These formulas are very comprehensive in their capacity to: support the body in finding its own unique state of balance, strengthen the core constitution, and initiate a transformational and rejuvenative healing process. Each formula is architected based on the energetic patterning behind physiology, based on the 5 Elements, the 7 Planets, and the 3 Principles, or doshas of Ayurveda.

On the more subtle level is the Spagyric Synergy line, a set of formulas having their action on the astral and energetic body. These are used to assist meditation, spiritual practice, and the evolution of consciousness. These formulas are processed in a way that brings out the more subtle and initiatic virtues of the plants, enhancing their action on our own Energetic Architecture, such as the 7 Chakras or the 4 Elements.

The most refined and spiritualized extracts we make are the Spagyric Essences, which are single plants that have gone through a total separation, purification, and recombination of their 3 Principles- called Sulfur, Mercury and Salt in Alchemy, or vata, pitta, and kapha in the Ayurvedic lineage. With the Body, Soul and Spirit of the plant brought back into its natural alignment, it then brings our own Body, Soul and Spirit back into its original, natural state. These have a strong physiological, energetic, astral and spiritual affinity, providing a vast spectrum of benefits, dependent on the nature of the plant. The Essence process is very time consuming- each one taking between 3-6 months until completion as the plant is placed through various stages of purification and recombination. These extracts are highly initiatic in their nature, working deeply on the spirit, and connecting you directly to the spiritual essence of the plant being worked with. Many people report lucid dreaming, profound insight, synchronicities, and personal transformation through the use of Spagyric Essences.
Our Spagyric Essences are single plant extracts that have gone through a full separation of the 3 Alchemical Principles within a plant: the volatile oil (“Sulfur”), the alcohol and water soluble constituents (“Mercury”), and the mineral salts (“Salt”), each being purified and reassembled back into a state of wholeness. As such, the body, soul and spirit of the plant is brought back into its natural state of balance. This energetically sensitive process is timed in accordance with the astrological rulerships of the herbs, which is also observed in the harvesting of the fresh plant material. These spagyrics work equally on the astral and physical bodies, cleansing our Energetic Architecture and initiating us into more evolved states of being. Spagyric Essences truly bridge the spiritual and the physical worlds, the Earth and Sky within the plant, into a beautiful and refined expression of its True Essential Nature. In this way, the plant bridges our own Earth and Sky, body and spirit into the wholeness of who we are.

Use: These are highly concentrated extracts, active in servings of 1-5 drops. Use in conjunction with prayer, meditation, visualization, and other internal cultivation practices.

Price: $35 - $65 per 1/3 oz (10 mL)

Our Spagyric Essences are subject to availability and are not available for wholesale.

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**Angelica (Angelica arguta):** This particular species of Angelica is native to the Pacific Northwest and is harvested from the pristine alpine meadows of the Cascade Mountains. Long revered by traditional peoples from North America to Northern Europe and throughout Asia, this has been a sacred plant used to connect with higher spiritual realms, guides and angels for millennia. The celestial light embodied in the crown of white flowers is balanced by the rich, spicy roots which carry the ancient and profound wisdom of the Earth. Highly initiatory to the feminine archetype, Angelica assists in the cycles of life transitions between maiden, mother & crone. Angelica teaches how to embody the balance between graceful expansion and grounded strength.

**Planetary Ruler:** Sun  
**Elemental Correspondence:** Earth  
**Organ Affinity:** Liver, Female reproductive system, Blood, Adrenals, Lungs  
**Energetics:** Warming, Drying

**Cleavers (Galium aparine):** This humble woodland plant is powerful in its unique expression throughout the inner oceans. Cleavers moves through the emotional waters and cleanses away what is no longer needed, relieving one’s being of unhealthy attachments, especially around pains from past relationships. This plant teaches all about non-attachment, especially in intimate relationships, and helps to balance spaciousness and togetherness within those relationships. Cleavers assists us in being strong in our truth, yet flexible and open to the sacred truth of others, and teaches us how to not abandon our truth when entering into new relationships.

**Planetary Ruler:** Venus  
**Elemental Correspondence:** Water, Air  
**Organ Affinity:** Lymphatic system, Kidneys, Urinary tract, Nervous system  
**Energetics:** Cooling, Moistening

**Dandelion (Taraxacum officinale):** This incredibly versatile remedy is found everywhere: bursting forth from the concrete, popping up in your lawns, shining little beams of light in the meadows- there are few places you can venture where Dandelion isn’t present. This little plant goes deep within to clear anger and deep repressed emotions out of the liver, bringing purification and light into those dark places. This is especially supportive when those patterns were established during childhood, as Dandelion helps to reclaim our innocence of perception and to take responsibility for how we feel and act, and consciously choose to change it if we don’t like it.

**Planetary Ruler:** Jupiter  
**Elemental Correspondence:** Water, Earth  
**Organ Affinity:** Liver, Gallbladder, Kidneys, Skin  
**Energetics:** Cooling, Draining, Drying

**Devil’s Club (Oplopanax horridus):** This powerful plant is the true embodiment of the warrior archetype, teaching how to step into one’s power in a sacred and honorable way. Devil’s Club recharges, nourishes and strengthens the solar plexus, deepening the connection to one’s sense of self worth, identity and inherent vitality, building our personal power in a big way. It is one of the premier protection plants, helping to establish clear boundaries with the self and others.

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making it a great ally for highly sensitive and empathic people who have a hard time differentiating between their own feelings and those of others.

**Planetary ruler:** Mars  
**Elemental Correspondence:** Earth  
**Organ Affinity:** Adrenals, Lungs, Musculoskeletal system,  
**Energetics:** Warming, Drying

**Fireweed** (*Epilobium angustifolium*): Fireweed is one of the first plants to grow back after a wildfire, hence its name. We can learn a lot from the way plants grow and in what way they express themselves. In this way, Fireweed is a plant ally used to support people who have had a wildfire wipe out their lives emotionally or energetically (sometimes physically too). It can help to bring the flowering of new life back into the heart of someone who has been emotionally burned or devastated. It encourages new hope and sweet beginnings, clearing the way for us to walk on our true path leading towards our life dream.

**Planetary Ruler:** Mars  
**Elemental Correspondence:** Fire  
**Organ Affinity:** Blood, Digestive system, skin  
**Energetics:** cooling

**Hawthorn** (*Crataegus monogyna*): This is the Empress holding the throne of the heart in wisdom, power, love, truth, compassion and peace with noble stillness and sovereignty. Hawthorn brings balance and nourishment to the four chambers of the spiritual heart, helping us to be full, clear, strong, and open-hearted, living in the vibrant fullness of our Soul’s expression. This tree is truly Soul food at the deepest level, reaching deep within our core to feed the innermost dreams and passions which were imprinted into our hearts as we came into this world. Hawthorn teaches us that love is abundant and that we are always held in the eternal love of the universe, whether we realize it or not. In this way, Hawthorn is excellent for those who feel a scarcity of love in their life, or hold fears around opening their heart again to love others. Soothing and nourishing, Hawthorn always helps us to find our way back to love throughout all challenges, and redirects negative thinking back to a positive pathway of loving thoughts about our selves and others through coming home to the heart center. Amongst its luscious berries and illuminating flowers, Hawthorn is well equipped with sharp thorns which act as a powerful heart protector, establishing clear emotional boundaries.

**Planetary Ruler:** Sun  
**Elemental Correspondence:** Earth  
**Organ Affinity:** Heart, Lungs, Blood, Digestive system.  
**Energetics:** Cooling, Nutritive, Tonifying

**Holy Basil** (*Ocimum sanctum*): Holy Basil, or Tulsi, is one of the most sacred plants in India and has been held in high regard for centuries. It has a deep affinity for the soul, nourishing it on a profound level so it can come into greater expression in our lives. In the realm of Plant Spirit Healing, Holy Basil is used to help bring back parts of our soul that have fragmented and detached from our essence due to trauma. Through reintegrating these lost parts of ourselves, we move forward in our lives from a place of greater wholeness. Holy Basil is also excellent for understanding our soul contracts- those deep levels of learning and intimacy with others in our lives, facilitating in our understanding of why certain people come into our lives.

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and what mirrors they hold up for us. Through strengthening the connection with our own soul, we are able to connect with and see the soul in others- to look beyond the mere ego and see the wholeness and divinity within another. This herb is excellent to be used to strengthen ones meditation, yoga, qi gong, or other forms of spiritual practice, helping us to calm and focus the mind in order to come into contact with the soul.

**Planetary Ruler:** Jupiter  
**Elemental Correspondence:** Fire  
**Organ Affinity:** Adrenals, Mind, Circulatory System  
**Energetics:** Warming

**Lady’s Mantle (Alchemilla vulgaris):** The name Alchemilla reflects how this plant was held in high regard by the alchemists for its ability to hold dew within the curvature of its leaves. The leaves of this plant are like an inverted umbrella, resembling the sacred container of the womb. Lady’s Mantle brings spiritual and emotional cleansing to the inner waters of the womb, clearing away blockages held from abuse or trauma, especially around one’s sexuality. Lady’s Mantle holds one in the sanctuary of a dew bath, surrounding the body in a peaceful sphere of protection, safety and light.  
**Planetary Ruler:** Venus  
**Elemental Correspondence:** Water  
**Organ Affinity:** Female Reproductive System  
**Energetics:** Cooling, Drying, Tonifying

**Lemon Balm (Melissa officinalis):** Our spagyric essence of Lemon Balm is like liquid sunshine, carrying the pure joy and sweetness of a calm summer day. This common garden herb is gentle and yet profound in its humble ways, and became one of the favorite herb of Paracelsus- the famous father of modern medicine and revolutionary alchemist from the 1600’s. We work with Lemon Balm to bring uplifting and soothing energy to the heart and the spirit. It has the unique ability to assist those who have lost connection to their inner child- that curious and wonderful side of ourselves that keeps happiness and innocence alive within us.  
**Planetary Ruler:** Jupiter  
**Elemental Correspondence:** Air  
**Organ Affinity:** Digestive system, Nervous system, Heart  
**Energetics:** can be warming and cooling

**Lomatium (Lomatium dissectum):** Lomatium is a member of the Apiaceae (Carrot family), alongside its relatives Osha and Angelica. It is considered a "Bear medicine," powerful in its actions. We work with Lomatium as a tonic for the sacred masculine, helping to establish a direct relationship to the power in Father Sky that is reflected in our own masculine nature. Assists us in embodying the highest qualities in our own masculinity and bring that forth into the world in a good way.  
**Planetary Ruler:** Mercury  
**Elemental Correspondence:** Earth  
**Organ Affinity:** Respiratory System  
**Energetics:** Warming, Drying

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**Mullein** (*Verbascum thapsus*): Mullein contains the pattern of softening that which has turned hard. This action exists on the physical level, as well as the mental, emotional and spiritual. Mentally and emotionally, it is good for the Virgo type-those who can tend to be overly analytical, critical, and judgmental, on themselves and others. Helps us to soften up when we are being too hard on ourselves. Mullein helps to focus on what is working and good, rather than what is going wrong and challenging. It supports the spine, which we see reflected in the erect flowering stalks energetically by balancing our inner alignment of Earth and Sky in the heart. The way it works to open the heart chakra is particularly suited for the masculine and can be supportive for men who have a difficult time opening to their soft gentle side. Ultimately, Mullein shows us how to stand firm and strong, and yet not loose our compassion and gentleness.

**Planetary Ruler:** Saturn  
**Elemental Correspondence:** Air  
**Organ Affinity:** Respiratory System, Musculoskeletal System  
**Energetics:** Moistening

**Nettle** (*Urtica dioica*): Nettle is the most perfect reflection of the archetype of Mars that we have in our repertory. Mars rules the blood, iron, sharpness, pain, inflammation, and is ruler of Aries, who in medical astrology rules the head. Nettle, like Mars, is full of iron and nourishes the blood, and when brushed against in the woods, provokes an inflammatory dermatitis (the medical term "urticaria" was derived from Nettles). Yet internally, Nettles is an amazing cooling remedy for individuals who run hot. We work with Nettle on the subtle levels for working with anger issues, short temper, impatience, and frustrations. It gently takes these patterns and teaches how the abundance of energy lying behind them can be channeled into more fruitful areas of one's life. Nettle has a dual nature and embodies both the initiatory quality of the Fire, as well as the soothing, nourishing and purifying quality of the Water, as well as the polarities of Venus and Mars. In this way, Nettle works to balance both the feminine and masculine natures, bringing balance between those dynamic and receptive aspects of our being.

**Planetary Ruler:** Mars  
**Elemental Correspondence:** Water, Earth  
**Organ Affinity:** Blood, Kidneys & Urinary tract, Respiratory System, Musculoskeletal System  
**Energetics:** Nutritive, Tonifying, Cooling, Drying

**Osha** (*Ligusticum grayii*): Osha is a highly revered plant by most indigenous traditions in North America-used in many ceremonies for its powerful properties. Called "Bear Root," Osha is one of the first plants the bear goes to when it comes out of hibernation to help wake up its digestion, move the blood, and open up its lungs. In the human, Osha initiates a deep and powerful transformation around breaking ancestral patterns. It is said that our ancestors stand behind us, begging us to be the one to break the negative pattern that has been perpetuated generation after generation. At this time of creating a new Earth, the breaking of these patterns is crucial for the evolution of the planet, as well as being some of the deepest healing work we can embark on. Associated with the west on the Medicine Wheel, Osha takes us deep into ourselves, instilling the strength to look within and enter a state of deep meditation and contemplation, removing those things that do

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not serve us. Through the inward journey, we come to see who we are and who we are not, separating the two so we can become more integrated unto ourselves. Osha also helps us in our reintegration into the world- the emergence from the inner cave, which helps us in seeing clearly how we can practically apply what we learn in the inner world and how to have a positive and lasting impact on the outer world.

**Planetary Ruler:** Mercury  
**Elemental Correspondence:** Earth  
**Organ Affinity:** Respiratory System, Digestive System  
**Energetics:** Warming, Drying

**Prairie Coneflower** (*Ratibida pinnatifida*): This little known plant was harvested from the foothills of the eastern Cascade mountains in Washington. Its actions are similar to its other Coneflower cousins, including Echinacea, though its actions are much milder and it differs in that it is very warming, whereas Echinacea is cooling. It is ruled by Mars, who is all about immunity, the blood and internal defenses, as well as energy levels, which this herb gently supports. This plant invokes the incredible sensation of wearing golden armor around one’s field, bringing a deep sense of strength, endurance, safety and protection.

**Planetary Ruler:** Mars  
**Elemental Correspondence:**  
**Organ Affinity:**  
**Energetics:** Warming

**Rosemary** (*Rosmarinus officinalis*): Encapsulating the vibrant, warming and stimulating energy of the sun’s radiance, Rosemary awakens the luminosity of the soul. It brings the light of the Sun into the heart and the mind, awakening the vision and inspiring to the senses. Rosemary helps the soul to incarnate more deeply into the body and is specifically supportive for those who indulge excessively in sweet foods as a way to escape what’s in the present moment, and is also seen as a way of subconsciously seeking the sweet grounding nourishment of the Earth’s connection. Rosemary supports mental clarity and memory, but on a deeper level it awakens our ancestral memory. This is an ally for addressing ancestral patterning and choosing only to bring forward what is good, true and beautiful within our ancestral lineage.

**Planetary Ruler:** Sun  
**Elemental Correspondence:** Air  
**Organ Affinity:** Circulatory System, Brain, Eyes  
**Energetics:** Warming, Drying, Stimulating

**Sage Trinity** (*Salvia spp.*): This trinity of Sages is a unique, limited edition spagyric essence made from three different northern California Sages: Black Sage, Pitcher Sage, and Hummingbird Sage. The Sages are generally ruled by Mercury, the planet of communication (throat) and the messenger of the Gods, or mediator of the above and below. These plants embody a depth of wisdom like no other plants, containing within them many secrets. The Sage is one who embodies into the Earth the wisdom of the Divine, becoming a living breathing embodiment of source.

**Planetary Ruler:** Mercury  
**Elemental Correspondence:** Air

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Organ Affinity: upper respiratory tract, blood, skin, digestive system.

Energetics: warming, drying.

**Sagebrush (Artemesia tridentata):** Although its common name is ‘Sagebrush,’ this plant is actually not a Sage- it is a different family and genus from the Sages. Its name reflects the aspect of its use as a smudge used for ceremonial purification by the indigenous people of its land, similar to how Sage is used ceremonially. Sagebrush is in fact more closely related to Mugwort (Artemisia vulgaris) from the botanical point of view. As the latin name indicates, it has a correlation to Artemis, the Greek Goddess of the Moon who was deeply connected to the wildness of nature. All of the Artemesias spp. embody this archetype, though each one reflects it in a slightly different way. This is a powerful lunar plant, which holds the purity and sanctity of the wild feminine spirit, the freedom to soar beneath a blanket of starlight. Sagebrush teaches us expansion, showing us the limitless possibilities of our lives and of our dreams. This herb dramatically increases dream activity, assisting in dream remembrance and instilling lucidity within the dreamtime. Sagebrush calls in our dream guides and brings us dreams of a higher caliber, ones which are focused on healing and guidance, rather than processing daily activities.

Planetary Ruler: Moon

Elemental Correspondence: Water, Air

Organ Affinity: Digestive System, Female Reproductive System, Mind

Energetics: Warming, Drying

**St. John's Wort (Hypericum perfoliatum):** It is as if millions of years ago, a small piece of the Sun broke off, landed on Earth, and transformed into St. John’s Wort. Radiating like the Sun, St. John’s Wort brings a new light into life- inspiring and uplifting the spirit while providing the insight and strength necessary to go into those dark places where deep transformation occurs within. The small perforations in the leaves are a signature for punctures not only in the skin, but also in the auric field that allow ones energy to leak out and other people’s energy to get in. The illumination that this plant embodies repairs these holes, strengthens the integrity of our light body, and protects us from further intrusion. Carries the spirit into the sky, where it is free from limitations and restrictions, uplifting us into a state of heightened perspective and understand only obtained through a different mode of perceiving.

Planetary Ruler: Sun

Elemental Correspondence: Air

Organ Affinity: Liver, Nervous System, Circulatory System

Energetics:

**White Sage (Salvia apiana):** The White Sage embodies some of the highest wisdom of the plant kingdom. It holds the essence of purity, embodied wisdom, and the practical application of spiritualty. We like to call it the "walking the spiritual path with practical feet" remedy- AKA the walk your talk remedy. This sacred plant assists in integrating the spiritual and physical worlds together, dissolving the boundary between the mundane day-to-day world and our spiritual life. White Sage helps to bring spiritual knowledge from the mind down into the heart where it is embodied and transmuted into wisdom.

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It is a general remedy for purification of self and space prior to any ceremony or sacred space, helping us to show up and choose to be present in our strength and humility. Sage reconnects us to who we are so that we may see the wisdom throughout all of life, showing us how each aspect of life is a reflection of a part of our own true nature. As we awaken to this profound truth, we find that the whole universe exists within the temple of our being. This is an amazing remedy to work with for an extended period of time in meditation, contemplation, and ceremony.

**Planetary Ruler:** Mercury  
**Elemental Correspondence:** Air  
**Organ Affinity:** Respiratory System, Pituitary  
**Energetics:** Hot, Dry, Tonifying

**Wild Rose** (*Rosa nutkana*): Rose is the pure expression of beauty and divine love in its fullest. This is the most profound remedy for opening the heart chakra, as it invites gentle expansion through its luscious, aromatic petals. The sweet serenity of this flower allows one to sink into the holy temple of the heart, nourishing the source of self love and reconnecting one to the infinite wisdom of the heart. In Ayurveda this is considered the most sattvic plant on the planet, embodying truth and peace in its purest expression. The Rose also radiates the highest vibrational frequency amongst the botanical kingdom, raising one's consciousness to an awakened, heart-centered level of existence.

Distillers traditionally harvest Roses at dawn, at which point the essential oil of the plant is in its most potent and abundant state. In Alchemy, we see the essential oil as the soul (or “Sulphur” Principal) of the plant, therefore we can see that the Rose has the unique character of instilling the profound stillness and peace of the dawn within those who imbibe in its fragrant nectar.

The Rose is the master teacher of love, assisting us in bringing balance and compassion to all of our relationships. Rose carries the principal of unity and can harmonize any discord between the masculine and feminine, as well as between partners and lovers. The soothing grace of the Rose enters into the heart to purify and repair the places where we have experienced the painful thorns of past relationships. This plant is deeply initiatory into the realms of love and can be used to prepare oneself to receive love in their life, as well as to call in the partner & relationship of their dreams.

The sharp thorns of this plant helps us to understand protection not as defending ourself, but by standing strong by our own heart and by living in the ways of Love.

**Planetary Ruler:** Venus  
**Elemental Correspondence:** Water  
**Organ Affinity:** Female Reproductive System, circulatory system, digestive system.  
**Energetics:** Cooling, Tonifying, Drying

**Yarrow** (*Achillea millefolium*): The wounded warrior remedy, Yarrow is used to instill the strength to look at the sacred wound with which we are born into and to transmute it into our strength and unique gifts, talents, and offerings to the world. This plant connects us to our reservoir of inner strength, helping us to step up into the way of the warrior. Yarrow is an excellent remedy for those who are energetically sensitive with a weak auric field, as Yarrow invigorates the light field around the body bringing a clear sense of safety and protection. This

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is especially useful specifically for those who live in the country and feel sensitive when entering city environments. The name yields an interesting hint as to its energetic properties, Achilles being the immortal Greek warrior, with the exception of the weak spot on his ankle (the achilles tendon). This plant gives us the strength to look within ourselves to see our own “achilles point” where our weaknesses are. It doesn’t just show us our weak spots so we can dwell on them, but actually brings transformation to those places so that we are ultimately strengthened through the healing process. This is also reflected in the story of Chiron, the wounded healer who learned to share his unique personal medicine through the strength it took to heal his wounds.

**Planetary Ruler:** Venus  
**Elemental Correspondence:** Fire  
**Organ Affinity:** Blood, Digestive System, Immune System, Febrile Mechanism, Skin, Liver  
**Energetics:** Cooling, Stimulating

**Yerba Santa (Eriodictyon californicum):** We wildcrafted the leaves of this Yerba Santa in the high hills around Napa county California when they were in their peak, yielding a high resin content and a beautiful sticky volatile oil. It correlates to the planet Mercury, ruler of the lungs and respiratory system. The spirit of Yerba Santa goes deep into our being, stalking and hunting those places inside of us that hold onto our pain, our traumas, and the stories we perpetually tell ourselves and others to bring those into the light for transformation. Deep extraction of negative energetic and spiritual influences, clearing and cleansing.

**Planetary Ruler:** Mercury  
**Elemental Correspondence:** Air  
**Organ Affinity:** Respiratory System  
**Energetics:** Drying, Warming

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The Synergy formula line is designed in accordance with various aspects of human Energetic Architecture, charting the evolutionary process within us through the synergy of plants. They work in accordance with the associated astrological rulerships of the process being worked through. By cleansing the subtle, or astral body, we release any negative or restricting patterns in our lives that reflect in our physiology, psychology, and spirituality. The spirits of these formulas are purified according the spagyric tradition, which are unified with the crystalline mineral salts and fixed oils, making them highly attuned to working on the Mercury, or Spirit level of our being.

**Use:** Due to their subtle energetic nature, the Synergy line does not require a large dose. 1-10 drops can be used, depending on ones level of sensitivity. With all spagyrics, it is always suggested to use in a state of prayer, meditation, and intention. Especially useful during *shīwāna* at the closing of a yoga practice.

**Price:** $30.00 per 1/2 oz (15 mL)

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**Father Sky:** White Sage leaf (*Salvia apiana*), Devil’s Club root bark (*Oplopanax horridus*), Juniper berry (*Juniperus communis*), Lomatium root (*Lomatium dissectum*), St. John’s Wort (*Hypericum perforatum*), organic alcohol.

Father Sky embodies the highest qualities of the sacred masculine, teaching about right use of power by balancing it with Love, personal strength and integrity. This formula helps to anchor our strength in the divine, enabling our action and willpower to be of service to the highest good. Deeply healing to the solar plexus (3rd chakra) and Fire Element, Father Sky teaches our dynamic, yang nature to express itself in the most harmonious way. Ruled by the Sun. Corresponds to Father Sky on the Medicine Wheel.

**Inner Wisdom:** Sage leaf (*Salvia officinalis*), Elder berry and flower (*Sambucus nigra* and *cerulea*), Mugwort leaf (*Artemisia vulgaris*), White Sage leaf (*Salvia apiana*), organic alcohol.

Used to access ones inner teacher and the reservoirs of wisdom within the mind and heart. This is a formula of powerful teacher plants that assist with accessing the dreamtime in order to receive healing and wisdom. Helps during times of changes, confusion, and an uncertainty of ones direction in life. A healthy balance of masculine and feminine energies, Inner Wisdom opens up the book of nature, teaching us its language and how to understand it, thus understanding our own inner nature. Ruled by Mercury.


Through harmonizing the 2nd and 4th power centers, or inner Planets, this formula balances our baseline instinctual drives to reproduce with the infinite Love and Wisdom of the heart, infusing our sensuality with the Divine. Useful for individuals with fear around intimacy with not just others, but with the world as a whole, which can manifest as social anxiety, poor boundaries, and closure. Facilitates the balance of being open and receptive, and yet protected and safe. Designed to support the merging of the two into the One, to be healed by the force of Love. Ruled by Venus.


This formula activates the dreaming mind, teaching us to remain conscious while asleep. Assists with the transition from waking life to sleep smoothly, allowing the body and mind to rest, while the consciousness stays alert and aware. These plants increase lucidity and induce teaching and healing dreams, enabling access to dream guides and the “awareness behind the dream.” Promotes dream recall and thus the integration of our dream life into our waking life by understanding the language of nature whose words are symbols. Ruled by the Moon.

**Meditation:** Lotus leaf (*Nelumbo nucifera*), Gotu Kola leaf (*Centella asiatica*), Sweet Flag root (*Acorus calamus*), Linden leaf and flower (*Tilia europea*), Holy Basil leaf (*Ocimum sanctum*), organic alcohol.

Meditation is conducive not through the eradication of the linear mind, but through a greater connection to the awareness behind the mind. By harmonizing the heart with the mind, Meditation brings us to a state of inner peace, clarity, and spaciousness which is deeply connected to nature and the source of Creation. By anchoring our meditations from the higher center of the crown and into the heart, we guide our spirituality to the bridge that reconnects it to the Earth. In this way, our spirituality and practicality become as one, and we live in alignment with our truth. This brings our whole being into coherence and congruency, where our mind, heart, body, and awareness are all as one. Ruled by the Sun and Mercury.

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**Mother Earth:** Angelica root (*Angelica archangelica*), Mugwort leaf (*Artemesia suxdorfi*), Motherwort leaf (*Leonurus cardiaca*), Rose (*Rosa centifolia*), Hawthorn leaf, flower and berry (*Crataegus monogyna*, organic alcohol.

This formula is a botanical embodiment of Mother Earth and the sacred feminine, teaching about the primal Yin quality of existence, called “Celestial Salt” in the Western Alchemical tradition. These teaching plants embody various aspects of the journey through the various evolutionary stages of the sacred feminine, and are thus excellent for use during the transitions of maiden to mother to crone, strengthening ones connection to their own inner anima or feminine nature. This can be helpful for men and women equally, as men contain within them the female/yin principle also. Teaches about nurturing, healing, receptivity, patience, as well as the rhythms, patterns and cycles of the Earth and Moon. Ruled by the Moon. Corresponds to Mother Earth on the Medicine Wheel.

**Protection:** Devil’s Club root bark (*Oplopanax horridus*), Yarrow flower (*Achillea millefolium*), St. John’s Wort flower (*Hypericum perforatum*), Juniper berry (*Juniperus communis*), Red Cedar fronds (*Thuja plicata*), organic alcohol.

Being protected does not mean being closed. By grounding us back into the physical body, this formula re-establishes the structural integrity of the electromagnetic field that surrounds the body, allowing us to still remain open and sensitive, and yet protected and discerning as to what affects us. By establishing clear energetic boundaries with ourself and others, our vital force is able to shift its focus on what is good and true to our path. This formula is especially useful for intuitives, psychics, shamanic practitioners, or just sensitive people that don’t want to be picking up on other peoples “stuff.” Excellent for house blessings, soul retrieval integration, and healing practitioners, to be used prior to any form of healing.


By anchoring our roots into the Earth, expanding our crown to the sky, and centering us in the heart, Spine Align is designed to purify the central energetic channel of the body, called the *sushumna* in the Eastern traditions. Assists in the strengthening of ones personal integrity, “backbone,” and follow through, as well as instills the strength to look behind us into the past to come to deeper levels of understanding as to where we need to heal. Ultimately, Spine Align teaches us how to be a clean vessel for the Holy Spirit to move through to bring about greater healing and transformation to individuals, to the collective and the Earth.

**Universal Mind:** Gotu Kola leaf (*Centella asiatica*), Sweet Flag root (*Acorus calamus*), Ginkgo leaf (*Ginkgo biloba*), Reishi fruiting body (*Ganoderma lucidum*), Rose flower (*Rosa centifolia*), organic alcohol.

The alignment of the individual mind with the Universal Mind taps us into the vast reservoir of intelligence throughout all of life. A highly useful formula to be used when gathering intelligence from the heart of nature- connecting with plants, minerals, animals, nature spirits etc. Supports remembrance and retention of information coming from non-linear sources, visionary experiences, dreams, and intuitions. Through the illumination of the mind with the Light of Nature, we come to deeper levels of understanding and integration of existence as it reflects within our own beings. In this way, this formula strengthens the awareness of the interweaving of the inner and outer worlds into a cohesive Organic Unity.

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These formulas are designed and created to effectively re-pattern the main organs of our Energetic Architecture—the 7 Chakras, power centers, or the Inner Planets. This restructuring through the chakras helps to transform our conditioning and patterning imprinted onto us from birth and throughout our life experiences. By purifying the astral, or subtle body, which is composed of the meridians or nadiś, our vital force is able to come back into its original balance and natural expression. Each plant corresponds to a particular organ, system, tissue, Element, Planet, psychological, emotional and spiritual state related to that particular chakra. These are excellent during śhūṣa after ones yoga practice, alongside visualizations, astral body dynamics, affirmations and prayer.

**Individual Prices:** $30.00 - 1/2 oz (15 mL)

**Entire Set Prices:** $200.00 - seven 1/2 oz (15 mL)

**Use:** Take 1-10 drops directly on the tongue with prayer, meditation, affirmation, visualization or any other form of cultivation or spiritual practice. It is recommended to spend at least 1 week on each chakra, starting from the root, and moving progressively up to the crown. This creates an excellent structure for ones personal development, prayer and evolutionary practice.
Chakra Alignment: Lotus leaf (Nelumbo nucifera), Lavender flower (Lavandula angustifolia), Sweet Flag root (Acorus calamus), Rose flower (Rosa centifolia), Devils Club root bark (Oplopanax horridus), Damiana leaf (Turnera diffusa), Red Cedar (Thuja plicata), organic alcohol.

Seven plants, one for each chakra. An excellent daily way to maintain energetic hygiene and come into the sacred alignment of being rooted in the Earth, expanding into the Sky, and centered in the heart of All.

Muladhara: Osha root (Ligusticum grayii), Red Cedar fronds (Thuja plicata), Burdock root (Arctium lappa), Red Root (Ceanothus velutinus), Devil’s Club root bark (Oplopanax horridus), organic alcohol.

Key words: Earth Element. Grounding, positive relationship to self, security, safety, home, and foundations for life. Relationship to food and diet. Bones, minerals, large intestine.

Svadhisthana: Cleavers aerial parts (Galium aparine), Calendula flower (Calendula officinalis), Damiana leaf (Turnera diffusa), Licorice Fern root (Polypodium glycyrrhiza), Hibiscus flower (Hibiscus sabdariffa), organic alcohol.

Key words: Water Element. Emotions, relationship to the other, sexuality, pleasure, and relationship to money. Surrendering to change and let go. Kidneys, urinary tract, lymphatics, reproductive.

Manipura: Devils Club root bark (Oplopanax horridus), Oregon Grape root (Mahonia aquifolium), Nettle leaf (Urtica dioica), Ashwaganda root (Withania somnifera), Balsam root (Balsamorhiza sagittata), organic alcohol.

Key words: Fire Element. Builds the will into alignment with the Divine will, personal strength, power, dynamic nature, action and how we move through the world. Adrenals, stomach, small intestine, liver/gall bladder.

Anahata: Rose flower (Rosa centifolia), Hawthorn leaf, flower and berry (Crataegus monogyna), Mullein leaf (Verbascum thapsus), Motherwort leaf (Leonurus cardiaca), Linden leaf and flower (Tilia europea), organic alcohol.

Key words: Air Element. Healing, love, balance of above and below- inner and outer, reflections of self in nature and others. Compassion and service to all beings. Heart, lungs, circulatory system, breath.

Visuddha: Sage leaf (Salvia officinalis), Sweet Flag root (Acorus calamus), Osha (Ligusticum grayi), Lomatium (Lomatium dissectum), Blue Flag root (Iris versicolor), organic alcohol.

Key words: Sound. Creative self expression, language, understanding meaning, music, cymatics, clairaudience. Translating the inner world to outer world. Throat, ears, thyroid.

Ajna: Lavender flower (Lavandula officinalis), Gotu Kola leaf (Centella asiatica), Mugwort leaf (Artemesia sucrorif), Guayusa (Ilex guayusa), Reishi (Ganoderma lucidum)

Key words: Light. Visioning, clairvoyance, dreaming, and connection to astral realms. Creative life vision and life dream. Imagination infused intention and connection to spirit world. Eyes, pineal gland, forehead.

Sahasrara: Lotus leaf (Nelumbo nucifera), Holy Basil leaf (Ocimum sanctum), White Sage leaf (Salvia apiana), Angelica (Angelica archangelica), Elder berry and flower (Sambucus nigra), organic alcohol.

Key words: The awareness behind thought, spirituality, meditation, connection to the Source of Creation and the universal mind of nature. Brain, nervous system, non-dual awareness and perception. Essence.

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The four Elements are the primary building blocks of all of life, the foundation of creation. As we deepen in our relationship to them, we deepen in our relationship to all of existence, coming to understand and perceive the unique Elemental composition of various aspects of nature. Each Element corresponds to a season, an organ, system, and tissue of the body, certain psychological and emotional states, as well as spiritual potencies. The plants within these formulas were carefully chosen based on their correspondences to the Elements as they express them on their own, and within the human organism. The goal of this line is to initiate one into the deep healing and teachings within each of these Elemental Spirits, with the intention of fusion into the Quintessence (5th Element) of pure consciousness.

**Individual Prices:** $30.00 (1/2 oz)

**Entire Set Prices:** $115.00 (1/2 oz)

**Use:** Take 1-10 drops directly on the tongue while directly connecting to the Elements within and without. It is suggested to work progressively in the order of Earth, Water, Air, and Fire, and then in reverse in order to understand Element progression and synergy.

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**Sacred Earth:** Gravel root (*Eupatorium purpureum*), Red Cedar fronds (*Thuja plicata*), Balsam Poplar buds (*Populus trichocarpa*), Hawthorn berry (*Crataegus monogyna*), Reishi fruiting body (*Ganoderma lucidum*), organic alcohol.

Heals our relationship to the Earth, the Sacred Mother, our relationship to our body, material objects, money and our sense of self. Assists in our sense of groundedness, manifesting our visions and dreams, and connected to cycles, rhythms, and patterns of nature. Increases psychic protection. Bones, liver, minerals. Recommended to be taken during the winter, at nighttime, and facing the North, ideally in an environment that embodies Earth qualities.

**Sacred Water:** Mugwort leaf (*Artemesia suxdorfi*), Lady’s Mantle leaf (*Alchemilla vulgaris*), Willow bark (*Salix alba*), Licorice Fern root (*Polypodium glycyrrhiza*), Cleavers aerial parts (*Galium aparine*), organic alcohol.

Heals our relationship to the Waters, internally and externally, enabling us to be in the flow of existence. Facilitates emotional cleansing, non-attachment letting go, flexibility and openness to the outcome of what life brings us. Teaches the sacredness of sexuality and relationship with the other. Lymphatics, kidneys, urinary tract. Recommended to be taken during the autumn, at dusk, and facing the West, ideally in various environments that embody the multitude of forms of Water.

**Sacred Air:** Mullein leaf (*Verbascum thapsus*), Pearly Everlasting flower (*Anaphalis margaritacea*), Peppermint leaf (*Mentha x piperita*), Elder flower (*Sambucus nigra*), Lavender flower (*Lavandula officinalis*), organic alcohol.

Teaches us about the Ethers and the space within which all of life is embedded, connecting us to the subtle network of communication through the electromagnetic spectrum. Establishes a relationship to the spiritual realm and connection to the divine source of Creation. Illuminates and creatively inspires the mind by connecting it to the beyond through visioning, clarity of perception, and intuitive thinking. Recommended to be taken during the spring, at dawn, and facing the East, ideally in a natural environment that reflects the Air Element.

**Sacred Fire:** Holy Basil leaf (*Ocimum sanctum*), St. John’s Wort flower (*Hypericum perforatum*), Sassafras root (*Sassafras albidum*), Prickly Ash bark (*Zanthoxylum americanus*), Oregano leaf (*Origanum vulgare*), organic alcohol.

Connects us to Grandfather Fire and the Light of Nature, which shines it light within all of life as each beings Secret Fire, or spirit. Strengthens our relationship with the archetype of the masculine, and flame in our hearts that takes no wood, transmuting our passion into compassion. Heart, circulatory system, and solar plexus. Reclaims our personal power and balances it with Love by connecting us to the vital spirit within all of nature. Assists in our moving through the world with a full, open, clear and strong heart. Suggested use is during the summer, at noon, and facing the south, ideally in an area that embodies the Sacred Fire.

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Each Spagyric Symmetry formula is designed to have a specific action on a particular organ, system, or tissue of the physical body. The herbs are carefully selected based on their affinities and actions on the organs, along with supportive, tonic, and driver herbs, deepening their effects. Each formula is compounded from Spagyric Tinctures and undergone a gentle circulation for potentiation and activation at the cellular level and the deeper tissue layers for vibrant health, physical rejuvenation, and strengthening the constitution. The listings below are organized according to organ systems, followed by alphabetical listings and descriptions of each formula.

Use: As these formulas are more physiologically oriented than the more subtle astral body activation of the Spagyric Synergy line, the suggested use is higher. 15-20 drops, three times a day is the standard suggested use. We also suggest focusing the awareness on the organ, tissue, or system of the body being worked with, and engaging in prayer for one’s own transformational healing process.

Price: $30.00 per 1 oz (30 mL)
Larger sizes available upon request, please see wholesale form below.

Note: These reflect our most current formulations, be aware that there are older formulas in circulation.

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This formula is designed to be used as a tonic for long term use in order to strengthen the immune system, the core constitution, and overall vitality and resistance. It is for use when one is healthy and wants to stay that way. Adaptation is not intended for use while one is in acute immune system activation. This formula has adaptogenic properties, supporting a healthy stress response, making it excellent for use during periods of travel, high stress, and throughout winter to stay warm and vital.


Bitters are classically use to support the overall function of the digestive system, primarily through their affinity to the liver, gallbladder and pancreas. The bitter taste is generally lacking from the western diet and can support a broad spectrum of challenges not only in the digestive system, but systemically. Best taken 15 minutes before meals to promote digestive health. The overall cooling effect of the bitter plants in this formula is balanced by the addition of pungent warming plants such as Ginger and Anise.


The modern world is a torrent of energy, information, and movement that is easy to get swept up into and forget about the clarity, spaciousness, and peace within our own being. Calm is designed to bring us back to that state of resting within the “eye of the storm,” grounding our vital force from the head into the solar plexus, anchoring our nerves and smoothing out the rough edges. It has mild adaptogenic properties and a gentle calmative and nourishing action so you can be calm and still go about your day. Excellent for those who live fast paced lifestyles that need help slowing down.

Children’s Tonic- Gotu Kola leaf (*Centella asiatica*), Lemon Balm (*Melissa officinalis*), Catnip (*Nepeta cataria*), Chamomile (*Matricaria recutita*), Elderberry (*Sambucus spp.*)


Circulation Symmetry- Hawthorn berry (*Crataegus monogyna*), Motherwort leaf (*Leonurus cardiaca*), Linden leaf and flower (*Tilia europea*), Ginkgo leaf (*Ginkgo biloba*), Rosemary leaf (*Rosmarinus officinalis*), Cacao bean (*Theobroma cacao*), Cayenne fruit (*Capsicum annum*)

When the mind overrides the wisdom of the heart, taking center stage of our perception, an entire cascade of physiological and psychological/emotional shifts occur within our being that detract from our overall health and vitality. When we return to our hearts, we return to our source, connected to the rhythm of the body and the pulse of the vital force within us. As a tonic formula, it is designed to be used long term for best results (at least 6 months).

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The Air Element without Water becomes dry, and from this dryness it usually becomes hot, as dry wood burns better than wet wood. It is vitally important that our mucous membranes are constantly moisturized with fresh mucous secretions in order to protect our body from invasion. This formula promotes a healthy respiratory system in hot and dry environmental conditions.


This formula is designed based on traditional western and eastern perspectives on toxicity, which wasn’t seen as pesticides, pollutants, and environmental toxins. They were more concerned with helping individuals who cannot rid their body of their own metabolic waste products, that is, the byproducts of cellular digestion. Detox Symmetry has affinities for the liver, spleen, lymphatic system and blood. Gentle enough to be taken daily as a mild tonic in lower doses, and yet powerful enough to be used in higher doses for deep tissue cleansing and detoxification.


The digestive system is said to be the root of the Vital Tree that is our being, what connects us to the Earth and enables (or disables) the ability for our vital force to distribute evenly and equally throughout the body. Thus tending to digestion is the foundation for building greater levels of health and vitality throughout your whole being. This formula can be used daily before or after meals to support overall digestive function, helping to alleviate gas, bloating, and other states of the Air Element.

Festy Formula- Milk Thistle seed (*Silybum marianum*), Schizandra berry (*Schizandra chinensis*), Mullein leaf (*Verbascum thapsus*), Devil’s Club root bark (*Oplopanax horridus*), Skullcap leaf (*Scutellaria lateriflora*), Milky Oat tops (*Avena sativa*), Balsam Root (*Balsamorrhiza sagittata*)

This formula was designed for the traveling summer festival goer as an overall support to the liver, digestive system, neuroendocrine system, and the respiratory tract. It’s especially important to tend to the temple that is our body during periods of travel, poor sleeping and eating rhythms, and maybe a little more partying than usual. Self care is of the essence in order to maintain ones ground and vitality while being in the flux and flow of going from show to show.

Five Berry Tonic- Hawthorn berry (*Crataegus monogyna*), Schizandra berry (*Schizandra chinensis*), Elder berry (*Sambucus spp.*), Goji berry (*Lycium barbarum*), Rose hips (*Rosa nutkana*)

Berries are said to be the highest evolution of plant morphology and are representatives of the Ether, or 5th Element. In that way, they help to connect us to the fruit of existence and to come into deeper states of understanding and vitality.

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**Intestinal Rejuvenation:** Goldenseal root (*Hydrastis canadensis*), Calendula (*Calendula officinalis*), Plantain leaf (*Plantago spp.*), Wood Betony (*Stachys officinalis*), St. John’s Wort (*Hypericum perforatum*), Fennel (*Foeniculum vulgare*), Peppermint (*Mentha piperita*)

There are many factors in the modern world that contribute to the overall dysfunction of the human digestive system, which serves as the basis for the health of our entire organism and determining our current constitutional state. Intestinal Rejuvenation is formulated to bring the vital force back into the gut, enabling it to regenerate the tissues and re-establish harmony within the system. The astringent and vulnerary herbs help to bring the tone back into the tissues so they can better digest our food, and so that we can better digest life’s experiences. It is recommended to utilize this formula in conjunction with an elimination diet to determine food allergies.

**HeadEase:** Boneset leaf (*Eupatorium perfoliatum*), Blue Vervain leaf (*Verbena hastata*), Wood Betony leaf (*Stachys officinalis*), Agrimony leaf (*Agrimonia eupatoria*), Linden leaf and flower (*Tilia cordata*), Black Cohosh (*Cimicifuga racemosa*), Jamaican Dogwood (*Pócidia erythrina*)

When our awareness is overly identified with the analytical mind, we loose touch with the essential nature of our being resting in heart. When the pressures of modern life locate themselves in the head, our life vision is diverted away from truth. HeadEase is designed to bring the vital force from the head back into the heart. It supports the health of the circulatory and nervous system.

**Immunity Unity:** Elderberry (*Sambucus spp.*), Usnea lichen (*Usnea spp.*), Lomatium root (*Lomatium dissectum*), Balsam Root (*Balsamorrhiza sagittata*), Boneset leaf (*Eupatorium perfoliatum*), Echinacea root (*Echinacea angustifolia*), Spilanthes (*Spilanthes oleracea*)

The immune system is designed to maintain the harmony of our inner ecology as it relates to the outer world, keeping us in unity. Immunity Unity is formulated for use at the acute onset of immune activation, supporting its healthy response, along with the lymphatic and respiratory systems. This is a good to have on hand through the cough and cold season, as a part of an herbal first aid kit, and for traveling.

**Inner Sunshine:** St. John’s Wort flower (*Hypericum perforatum*), Lemon Balm leaf (*Melissa officinalis*), Milk Oat tops (*Avena sativa*), Rosemary leaf (*Rosmarinus officinalis*), Schizandra berry (*Schizandra chinensis*), Calendula (*Calendula officinalis*), Black Cohosh (*Cimicifuga racemosa*)

This formula was inspired by and born out of a longing to connect to the dawning of the inner Sun, whilst in an environment lacking in Sun such as the Pacific Northwest. Inner Sunshine brings an illumination and inspiration to the heart and mind, lifting the soul out of states of darkness and despair, and instilling the trust that the rising Sun will come within even after the darkest hour before the dawn. Supports the nervous system.

**Liver Symmetry:** Milk Thistle seed (*Silybum marianum*), Dandelion root (*Taraxacum officinale*), Greater Celandine leaf (*Chelidonium majus*), Agrimony leaf (*Agrimonia eupatoria*), Fringe Tree bark (*Chionanthus virginicus*), Schizandra berry (*Schizandra chinensis*), Blue Flag root (*Iris versicolor*)

Liver Symmetry is designed to protect, gently detoxify and assist the metabolic processes of the liver. It can be used in conjunction with any detoxification protocol. Supports the health of the liver, gallbladder, spleen, skin, and lymphatic system.

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This tonic formula is used to promote and support overall health and vitality with prolonged use. Through strengthening our core *chi*, vital force, or *ojas*, we build our innate constitution and find our own innate and individual state of balance within and without. Helps us to live fully, love openly, and be in service to the good, true and beautiful of creation. Love long, live vital, live well!!

**Lymphatic Symmetry**- Red Root (*Ceanothus americanus*), Figwort aerial parts (*Scrophularia nodosa*), Calendula flower (*Calendula officinalis*), Echinacea (*Echinacea angustifolia*), Cleavers (*Galium aparine*), Prickly Ash bark (*Zanthoxylum clava-herculitis*), Blue Flag root (*Iris versicolor*), Poke root (*Phytolacca decandra*)

Supports the body’s natural detoxification process, blood purification, and elimination of metabolic waste products through its affinities to the urinary, circulatory, biliary, and lymphatic systems.

**Men’s Longevity**- Saw Palmetto berry (*Serenoa repens*), Ashwaganda root (*Withania somnifera*), Hawthorn berry (*Crataegus monogyna*), Skullcap leaf (*Scutellaria lateriflora*), Fo-Ti root (*Polygonum multiflorum*), Damiana leaf (*Turnera diffusa*), Rose flower (*Rosa spp.*)

This is an all around supportive formula for men’s health, promoting a healthy stress response, strengthening the nervous system, instilling sexual vitality and mental clarity. Helps the dynamic power within the solar plexus to be balanced with sensitivity, compassion, and love, aligning the will with the good, true and beautiful of the sacred masculine.

**Mineral Matrix**- Nettle leaf (*Urtica dioica*), Horsetail stem (*Equisetum arvense*), Alfalfa leaf (*Medicago sativa*), Dandelion leaf and root (*Taraxacum officinale*), Milky Oat tops (*Avena sativa*), Boneset leaf (*Eupatorium perfoliatum*), Ginger root (*Zingiber officinalis*)

The beauty of the Spagyric process is that all of the water soluble minerals of the plants (that are normally discarded from standard tincturing practices) are present within our extracts in highly bioavailable purified form. It is these mineral salts that ground the plant back into its body, driving them deeper into our own body. This nutritive formula is composed of multiple highly mineral rich plants, supporting the health of the musculoskeletal and urinary systems, and helping to realign the fluid crystal matrix of the body into its original state.

**Mind Symmetry**- Siberian Ginseng root (*Eleutherococcus senticosus*), Gotu Kola leaf (*Centella asiatica*), Bacopa leaf (*Bacopa maneri*), Sage leaf (*Salvia officinalis*), Ginkgo leaf (*Ginkgo biloba*), Lemon Balm leaf (*Melissa officinalis*), Rosemary leaf (*Rosmarinus officinalis*)

When our minds are clear, open, illumined and inspired, we tap into an infinite source of creativity and intelligence in nature. Mind Symmetry was designed to help balance the rational analytical dynamic of the mind, with the intuitive and receptive aspect of perception. Perfect for students, teachers, writers, or others that need clarity of mind, sharpness of perception, and good short term memory. Supports

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circulation to the brain and the health of the nervous system. Assists with a single-pointedness of the mind so it may focus intently and function with ease, grace and calmness.

**Moon Symmetry**- Crampbark (*Viburnum opulus*), Valerian root (*Valeriana sitchensis*), Kava-Kava root (*Piper methysticum*), Agrimony leaf (*Agrimonia eupatoria*), Yellow Dock root (*Rumex crispus*), Yarrow flower (*Achillea millefolium*), Prickly Ash bark (*Zanthoxylum clava-herculitis*)

This formula has its affinity to the female reproductive system, supporting its healthy expression, rhythm, pattern, and alignment to the rhythms of the Moon. Promotes muscular health, the health of the nervous system, and circulation of blood.

**Rainforest Lungs**- Lomatium root (*Lomatium dissectum*), Osha root (*Ligusticum spp.*), Elecampane root (*Inula helenium*), Horehound leaf (*Marrubium vulgare*), Thyme leaf (*Thymus vulgaris*), Devils Club root bark (*Oplopanax horridus*), Balsam Poplar buds (*Populus trichocarpa*)

The Air Element when saturated with Water looses its ethereal quality and begins to be dragged into the Earth, when it stagnates and accumulates. Rainforest Lungs promotes the health of the lungs and respiratory system in damp and cold environmental conditions.

**Sinus Symmetry**- Elderberry (*Sambucus spp.*), Nettle leaf (*Urtica dioica*), Goldenrod (*Solidago canadensis*), Hyssop (*Hyssopus officinalis*), Red Root (*Ceanothus spp.*), Goldenseal (*Hydrastis canadensis*), Horseradish (*Armoracea rusticana*)

Sinus Symmetry supports the health of the upper respiratory tract and a healthy inflammatory response. Don’t let nature keep you inside during the springtime!! It is highly suggested to work with this formula in conjunction with an elimination diet in order to determine food allergies.

**Sleep Symmetry**- Milky Oat tops (*Avena sativa*), Passionflower leaf and flower (*Passiflora incarnata*), Hops buds (*Humulus lupulus*), Skullcap (*Scutellaria lateriflora*), Kava-Kava (*Piper methysticum*), Valerian root (*Valeriana sitchensis*), Ashwaganda (*Withania somnifera*)

Sleep is likely one of the best therapies we can offer ourselves to restore our body back to its natural state of balance and wellbeing, as it is when the body activates many of its self healing potencies. This formula has an affinity for the nervous system and promotes a healthy stress response. It can also be used for individuals who are predisposed to social discomfort.

**Smoker’s Symmetry**- Siberian Ginseng root (*Eleutherococcus senticosus*), Skullcap leaf (*Scutellaria lateriflora*), Milky Oat tops (*Avena sativa*), Mullein leaf (*Verbascum thapsus*), Sweet Flag root (*Acorus calamus*), Lobelia leaf (*Lobelia inflata*), Licorice root (*Glycyrrhiza glabra*)

Tobacco is one of the most powerful plants in the world. Considered sacred by every indigenous tradition baring relationship to it, Tobacco is one of the most misunderstood and desacralized plants in the world. This formula is designed to support the smoker in weening off addictive patterns around Tobacco. Promotes a healthy stress response in reaction to cessation, tonifies and strengthens the respiratory system, and supports detoxification. For more comprehensive support for changing ones relationship to Tobacco, see the Smoker’s Kit.

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**Stressed to Blessed:** Devil's Club root bark (*Oplopanax horridus*), Schizandra berry (*Schizandra chinensis*), Wood Betony leaf (*Stachys officinalis*), Milky Oat tops (*Avena sativa*), Blue Vervain leaf (*Verbena bastata*)

This is the first Organic Unity formula ever created, and was first compounded by Sajah while managing a full time job and a full homework load at Bastyr University. It is a balance of adaptogenic and nervine herbs, supporting a healthy stress response and hormonal wellbeing. Instills the power to face the challenges life brings us externally with a courageous heart. and to show up to our own testing points and initiations with strength, discipline, and a dedication to ones own healing and spiritual transformation.

**Structural Symmetry:** Black Cohosh root (*Viburnum opulus*), Devil’s Claw root (*Harpagophytum procumbens*), Cat’s Claw bark (*Uncaria tomentosa*), Jamaican Dogwood bark (*Piscidia erythrina*), Prickly Ash bark (*Zanthoxylum clava-herculitis*), Lobelia leaf (*Lobelia inflata*), Licorice root (*Glycyrrhiza glabra*)

Pain is ultimately the wisdom of the body speaking to us, or yelling at us. When we are fully able to accept our pain, to go into it consciously, it transforms from our enemy into a voice of wisdom guiding us down a better path towards greater levels of vitality and health. This formula supports a healthy inflammatory and pain response through its action on the nervous system, musculoskeletal system, and blood.

**Sweetness:** Goat’s Rue leaf (*Galega officinalis*), Devil’s Club root bark (*Oplopanax horridus*), Holy Basil leaf (*Ocimum sanctum*), Rosemary leaf (*Rosmarinus officinalis*), Nettle leaf (*Urtica dioica*), Oregon Grape root (*Mahonia aquifolium*), Blue Flag (*Iris versicolor*)

The sweet taste corresponds to the Earth Element, and in excess causes its accumulation within the body, heart and mind. Those that tends towards excess in the sweet taste are oftentimes seeking a connection to the sweetness of the Earth and the Divine Feminine to be nourished. This formula supports the health of the metabolic and digestive systems, and can facilitate a transformation away from eating an excess of the sweet taste.

**Urinary Symmetry:** Uva-Ursi leaf (*Arctostaphylos uva-ursi*), Gravelroot (*Eupatorium purpureum*), Kava-Kava root (*Piper methysticum*), Dandelion leaf and root (*Taraxacum officinale*), Goldenrod leaf (*Solidago canadensis*), Shatavari (*Asparagus racemosus*), Juniper berry (*Juniperus communis*)

This formula has its organ affinity to the Waters of the body- the kidneys and urinary systems, supporting their proper elimination, cleansing, and restoration. Promotes the health of the mucosa, immunity, and fluid regulation of the body. Best taken with ample amounts of water- at least 2 quarts a day.

**Women’s Longevity:** Chaste Tree berry (*Vitex agnus-castus*), Rhodiola root (*Rhodiola rosea*), Lady’s Mantle (*Alchemilla vulgaris*), Red Raspberry (*Rubus idaeus*), Blue Vervain leaf (*Verbena bastata*), Angelica root (*Angelica archangelica*), Licorice root (*Glycyrrhiza glabra*)

This tonic formula is designed to support women through the transformational processes of the feminine or *yin* archetype. It supports the neuroendocrine system, circulation, and musculoskeletal system. Re-establishes a relationship to the embodied aspects of the sacred feminine, the Moon, the tides of life, and the womb of existence.

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The Spagyric Tincture line is the most basic line of products we produce, consisting of single plants, extracted in organic alcohol with the additional benefits of the crystalline mineral salts. These are very similar to the standard tinctures one would find at any supplement or natural health food store, except these contain the purified body of the plant found in the minerals, giving them a stronger physiological affinity, faster and deeper action, and reduced dosage. We use only organically cultivated or wildcrafted plant material, with a strict preference for freshly wildcrafted plants.

**Price:** $25 for 30 ml (1 oz)

These tinctures are available 30 mL, as well as 8 oz and 16 oz for stocking dispensaries. For pricing on bulk tinctures, please see wholesale form below.

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<table>
<thead>
<tr>
<th>Plant Name</th>
<th>Common Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Agrimony</td>
<td>Agrimonia eupatoria</td>
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<tr>
<td>Angelica</td>
<td>Angelica arguta</td>
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<tr>
<td>Ashwagandha</td>
<td>Withania somnifera</td>
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<tr>
<td>Astragalus</td>
<td>Astragalus membranaceus</td>
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<tr>
<td>Balsam Poplar</td>
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<tr>
<td>Balsam Root</td>
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<tr>
<td>Black Cohosh</td>
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<td>Blue Flag</td>
<td>Iris versicolor</td>
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<tr>
<td>Blue Vervain</td>
<td>Verbena hastata</td>
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<tr>
<td>Boneset</td>
<td>Eupatorium perfoliatum</td>
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<tr>
<td>Burdock</td>
<td>Arctium lappa</td>
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<td>Cacao</td>
<td>Theobroma cacao</td>
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<td>Catnip</td>
<td>Nepeta cataria</td>
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<tr>
<td>Cats Claw</td>
<td>Uncaria tomentosa</td>
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<td>Celandine</td>
<td>Chelidonium majus</td>
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<td>Chamomile</td>
<td>Matricaria recutita</td>
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<td>Vitex agnus-castus</td>
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<tr>
<td>Cleavers</td>
<td>Galium aparine</td>
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<tr>
<td>Coneflower</td>
<td>Ratibida pinnata</td>
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<tr>
<td>Dandelion root &amp; leaf</td>
<td>Taraxacum officinul</td>
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<tr>
<td>Damiana</td>
<td>Turnera diffusa</td>
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<tr>
<td>Devils Claw</td>
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<td>Figwort</td>
<td>Scrophularia nodosa</td>
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<td>Goat’s Rue</td>
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<td>Goldenrod</td>
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<td>Goldenseal</td>
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<td>Hawthorn berry</td>
<td>Crataegus monogyna</td>
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<tr>
<td>Hawthorn leaf &amp; flower</td>
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<tr>
<td>Holy Basil</td>
<td>Ocimum sanctum</td>
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<tr>
<td>Hops</td>
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<tr>
<td>Horehound</td>
<td>Marrubium vulgare</td>
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<td>Hyssop</td>
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<td>Jamaican Dogwood</td>
<td>Piscidia puscipa</td>
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<tr>
<td>Juniper</td>
<td>Juniperus communis</td>
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<tr>
<td>Kava-Kava</td>
<td>Piper methysticum</td>
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<tr>
<td>Lady’s Mantle</td>
<td>Alchemilla vulgaris</td>
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<td>Lavender</td>
<td>Lavandula officinalis</td>
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<td>Lemon Balm</td>
<td>Melissa officinalis</td>
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<td>Licorice</td>
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<td>Mugwort</td>
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<td>Mullein</td>
<td>Verbascum thapsii</td>
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<td>Oats</td>
<td>Avena sativa</td>
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<td>Oregano</td>
<td>Origanum vulgare</td>
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<td>Oregon Grape</td>
<td>Mabonia aquifolium</td>
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<td>Osha</td>
<td>Ligusticum grayii</td>
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<td>Passionflower</td>
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<td>Shatavari</td>
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<td>Wood Betony</td>
<td>Stachys officinalis</td>
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<td>Yarrow</td>
<td>Achillea millefolium</td>
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<tr>
<td>Yellow Dock</td>
<td>Rumex crispus</td>
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</table>

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To walk the path of the herbalist is to tread the threaded boundary between 2 worlds, between two kingdoms of life. To have a depth of relationship and communion with plants and people brings them together in a way that is healing and transformative on an individual and collective level. It is our purpose to do our part to reestablish the harmony the Earth is seeking by bringing people back to their True Essential Nature through the wisdom of medicinal plants imprinted by the stars. Root by root, leaf by leaf, and flower by flower, the prayer behind our Spagyrics is to heal the body, soul, and spirit of the people.

We are one of the only Spagyric manufacturers in the country that offers wholesale opportunities. Our comprehensive materia medica and flexible formula line is suitable for the clinic, dispensary, or storefront herb shop alike. In order to better serve our wholesale clients, we offer personal training for staff and practitioners, as well as in how to best work with our products to suit their needs, and more importantly, the needs of their clients. Our Spagyric Tinctures, and the Synergy and Symmetry formula lines are available in individual dosage bottles, as well as 8 oz and 16 oz stock bottles for your own formulating.

For more information, please contact us directly at: Orders@organic-unity.com

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About Us

Sajah Popham (B.S. Herbal Sciences), founder of Organic Unity and The School of Evolutionary Herbalism, seeks to bridge all Earth centered herbal traditions that have followed the Light of Nature and the wisdom of the plants. It is his vision to bring transformational healing to the people by reconnecting their hearts to the wisdom and depth of plant consciousness. He utilizes universal patterns found in the plants, the stars, and people to guide all of his work; from the celestial preparation of spagyric medicines, to his consultation, healing and teaching work. These patterns have been revealed to him through his studies at Bastyr University, of Ayurveda, the western Alchemical tradition and astrology, various western herbal traditions, plant pharmacology, as well as through his travels throughout Europe, North and South America. Through bridging science and spirit, Sajah works with plants and people on all levels, facilitating in bringing about states of vibrant health and conscious evolution, contributing to raising the level of personal and collective awareness. He lives in the Pacific Northwest where he practices and teaches.

Deeply embodied in her love & passion for the Earth’s beauty, Whitney Thomas’ connection to Nature was originally inspired by her years of growing up amongst the wild landscape of the San Juan Islands in Northwest Washington. As a child, her pure love of the plants was nurtured in the flower gardens and the forests, awakening a profound sense of connection to the Heart of Nature. Through her sacred walk in life, the plants have beckoned her home to be their messenger and vessel to bring their vibrant gifts of wellness to the greater community. Her calling is to connect humans with the divine intelligence of Nature in order to come home to the temple of infinite love and beauty that lives within the Heart. Her deep devotion and dedication to this plant work is fueled by the passion to pollenate healing across the planet so that we may all live in congruent harmony upon this Earth and with all of Creation. Her prayer is that our sacred & ancient healing ways may be preserved in humble reverence, so that the future generations may be blessed by the abundance of healing wisdom our ancestors carried from the Heart of Nature.

Many teachers and traditions in the healing arts have graced her path and brought focused wisdom into her herbal practice. Whitney began formally studying herbalism in an apprenticeship through the Cedar Mountain Herb School in NW Washington, where she began to learn about the local native remedies and their traditional ethnobotanical applications. She continued on to study Chinese Herbalism, apprenticing in a local apothecary under Dr. Benjamin Chang while learning the foundations of Chinese Medicine and herbal formulation. Seeking a universal perspective on herbalism, she reached out to learn about the Ayurvedic tradition, and traditional Western herbalism, as well as ancient healing traditions from indigenous teachers of North and South America. Whitney studied at The School of Traditional Western Herbalism in Portland, OR under Matthew Wood, and an array of the nation’s top herbalists of our time, to gather a traditional and clinical application to herbalism today. She is co-owner of Organic Unity, and founder of Beijaflor Nectars and has a flowering herbal practice where she specializes in assisting clients in the transformational process of spiritual awakening through botanical consciousness.

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